

Creamed Spinach with Shallots

1 tablespoon Butter
2 medium Shallots, minced
10 ounces Spinach (frozen), chopped
3 ounces Cream cheese, softened
Salt and pepper to taste

Directions:

Over medium heat, melt the butter in a medium saucepan. Add shallots and cook until soft, not brown. Add the spinach, cover and simmer until defrosted. Add the cream cheese and stir until smooth. Season and serve warm.

Serves 4